

Erika L. Spring, RDH, BSDH, MEd.

Dental Hygienist | Educator | Speaker | Coach/Mentor

Curriculum Vitae

About Me

As a notable dental hygiene clinician, educator, speaker, coach and mentor, I am passionate about using my real-world experience and expertise to facilitate positive advances in education and practices for the dental industry. I am recognized for my personable and engaging nature that enables me to empower everyone from industry veterans and new graduates, building strong relationships of trust founded on principles of inspired learning. "Educating tomorrow's hygienist today."

Highlights of My Educational Journey

- Coastal Carolina Community College** (Jacksonville, NC)
Dental Hygiene Educator 2009- 2016, 2017-
Current
- Spring Innovative** 2016 –
Current
Owner – Consulting/ Speaker
- The Center for Cosmetic and Restorative Care**
(Chesapeake, VA)
Dental Hygienist & New Patient Coord. 2013 –
2016
- Laramie County Community College** (Cheyenne, WY)
Dental Hygiene Educator 2007 – 2008

Publications

Dental Industry Report:

- Training the Next Generation of Biofilm Warriors

Today's RDH:

- Periodontal Maintenance, Taking the Guesswork out of 4910
- Dental Coding, Finding Solutions for Ideal Treatment Plans
- Anchor's Away, An Informative Look at Naval Dental Hygiene
- A Dental Professional's Reflection During the Pandemic

Professional Engagement

- Innovative Periodontal Protocols
- Guided Biofilm Therapy
- Discover Your Hidden Potential in the Classroom
- A New Approach to Biofilm Management in Dental Hygiene in Education
- Implementing Innovative Dental Hygiene Curriculum
- Real World Strategies Presentation
- Revolutionary Hygiene Hot Topics in Instrumentation,
- Comprehensive Dentistry and Improving Treatment Outcomes with Bacterial Testing,
- The Oral Systemic Link: What Every Dental Professional Should Know, Dental Assisting Educators Meeting
- Presenter, Saving Graceys Dental Boot Camp (Winston Salem, NC)
- Planning Committee Member, NC Dental Society, Mission of Mercy
- Board Member and Presenter, The Virginia Oral Health Coalition
- Instrument Evaluation Panel, Hu-Friedy
- Presenter, Peninsula Dental Hygiene Association (Hampton, VA)
- Virginia Dental Hygiene Association, Member
- Member/Participant, Chesapeake Dental Hygiene Study Club
- New Spin on Selective Polishing Jacksonville Dental Auxiliaries (Onslow County, NC)
- Colgate Oral Health Advisor
- American Dental Hygiene Association, Member and

Education

- Northern Arizona University** (Flagstaff, AZ) – Masters in Educational Leadership , MEd. 2017
- The Vansyckle Group** (Norfolk, VA) – Advanced Sales Academy and DISC 2015
- Northern Arizona University** (Flagstaff, AZ) – Bachelor of Science, Dental Hygiene 2009
- Advanced Periodontal Instrumentation Workshop** (Las Vegas, NV) 2008
- University of South Dakota** (Vermillion, SD) – Local Anesthesia Certification 2005
- AFLAC**
- Coastal**

105 Wild Oak Dr. Newport, NC 28570 *252-665-1040* erika@springinnovative.com

Licensure and Certifications

- Registered Dental Hygienist, North Carolina (Current)
- Certification, Administration of Local Anesthesia, North Carolina, 2021
- GBT Trainer, EMS. (2019)
- Certification in Behavior Analysis DISC (Peoplekeys, 2019)
- Registered Dental Hygienist, Virginia (2013-2017)
- A-dec Technical Training Course (Newberg, OR) (2013)
- Registered Dental Hygienist, Wyoming & South Dakota (2003 – 2009)
- Certification, Administration of Local Anesthesia, Wyoming & South Dakota (2002)

Areas of Expertise

Clinical Dental Hygiene

- More than 30 years of success as a clinician, providing productive and profitable dental hygiene service to thousands of patients
- Specialize in periodontal debridement procedures (including ultrasonic and air polishing) and advanced instrumentation
- Proficient in Piezo instrumentation
- Certified to provide Education, Hands on and in AirFlow , PerioFlow and Guided Biofilm Therapy (SDA 2019)
- Adept at utilizing soft tissue management program tools and strategies
- Unique ability to communicate, educate, and influence patients toward better oral health
- Diligent in following protocols of quality assurance, infection control, and supply management
- Accurate in taking and developing both traditional and digital radiographs
- Experience with Invisalign cases that include impressions, records, and photography
- Well-versed in the application of dental sealants and fluorides
- Proficient at oral assessments, screenings, treatment planning, and records charting
- Experienced in preparing narratives for insurance companies
- Facilitate and aid in co-diagnosis, with doctor, for initial comprehensive treatment planning
- Committed to on-going professional development, to include advanced learning along with traditional continuing education requirements
- Working knowledge of EagleSoft, Dentrix, PracticeWorks, and SoftDent

Dental Hygiene Educator

- Pioneered Guided Biofilm Therapy in Dental Hygiene Curriculum (1st US college- EMS)
- Implemented salivary diagnostics in clinical curriculum
- Prepared and developed innovative and engaging didactic and clinical course material
- Introduced innovative clinical instrumentation techniques
- Established freshman instrumentation curriculum
- Served as Freshman Clinical Coordinator
- Prepared students for professional development and job-seeking skills prior to graduation
- Participated as faculty advisor and academic counselor to dozens of students
- Coordinated and supervised clinical operations, patient care and facility maintenance
- Established foundation for instructional instrumentation for freshman dental hygiene students
- Participated on select committees to enhance admission policies and program requirements

Professional Outreach

- NC Mission of Mercy Executive Member (New Bern, 2017,2019)
- Served as liaison and supervised student clinical operations at Camp Lejeune Dental Clinics
- Pankey Dental Access Days (2014)
- Coordinated community service projects, guest speakers and clinical rotation schedules
- Give Kids A Smile Campaign (2009)
- NC Mission of Mercy Project (Wilmington, NC, 2013)
- Veterans' Stand Down Health Fair (Onslow County, NC) (2010 – 2013)

Professional Affiliations

- American Dental Hygiene Association (ADHA)
- The American Academy of Oral Systemic Health
- Vice President, NCDHA, 2020, 2021
- Swiss Dental Academy